# What is 'Get Active In Temiskaming'?

The Get Active In Temiskaming Series consists of 5 local run and walk events taking place annually in spring and fall. The mission of the series is to promote healthy, active living in and around Temiskaming by offering family-friendly run and walk events to participate in, as well as providing a platform to fundraise for other community organizations also contributing to healthy, active living.

## Who can become a beneficiary?

Any group or organization can apply to receive fundraising by filling out the following application form and submitting it by Nov 30 of every year. Previous groups selected can also reapply from year to year.

<u>Submissions can be sent via:</u> Mail: PO Box 1616, New Liskeard, ON, P0J1P0 Fax: 705-647-5308 Email: <u>getactiveintemiskaming@gmail.com</u> In Person: drop off to The Running Link, 166 Armstrong St, New Liskeard

As a selected beneficiary, a chosen representative will be responsible to sign an agreement letter outlining series expectations and be the main contact between their group and the Get Active committee. All that is asked of the beneficiary groups is to provide at least 2 volunteers to each event, and have the volunteer contact info be sent to Get Active at least 3 days prior to each event. Failure to do so will result in the group losing the funds raised for them at that event (to be split amongst the other groups). It is also asked that the series be promoted within their organization throughout the year.

#### How are funds raised?

The funds are raised through participants' entry fees for each event (\$5 for kids events, and \$10-15 for 5/10km events). On their registration forms, participants select the organization they wish to receive their entry fee. This helps eliminate bias, and also encourages the selected groups to send supporters out to participate in each Get Active event. More supporters = more funds are raised for the group.

It has been proven from year to year, that the group that promotes the series and has the most supporters attending events raises the most money with very little organizational effort necessary at their end. Get Active does all the planning and organization for each event.

# Let's all get together and Get Temiskaming Active!!

#### **GET ACTIVE IN TEMISKAMING EVENT SERIES**

#### **Beneficiary Application Form: Due Nov 30 annually**

Name of Organization:
Contact Information
Contact Name:
Telephone Number(s):
Email:
General Information
Size of Organization: members:

Provide a brief description of your organization

Years Organization has been in operation:

Describe why this organization should be a beneficiary & how the funds would be used

Describe specifics of how this organization promotes an active, healthy lifestyle in the Temiskaming Area

Any other details you wish to add about your organization or the "Get Active" Series?

Can your organization commit to sending at least 2 volunteers to EACH of the events in the series (5 total)?

Yes No Maybe